



The WARRAWEE WRAP

Newsletter No. 518 of the PROBUS CLUB of WARRAWEE Inc.

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Club No. 50510- Inc. No. Y0222415 – Postal Address rcoper@cooper.com.au

May 2025

President: *Bruce Hughes* 0423 424 125 Email brucehughes@dodo.com.au

Secretary: *Bob Cooper* 0418 449 013 Email rcoper@cooper.com.au

Club Website: www.probuswarrawee.org.au

Warrawee Probud bank account **BSB 032189** **Account No. 751903**

Current Club Membership **89**

CALENDAR OF COMING EVENTS

Thur	23rd May	May GM	The Warrawee Club at 10:00am
Fri	20th Jun	June CM	Killara Golf Club Lower Bar @ 10:00am
Fri	27th Jun	June GM	The Warrawee Club @ 10:00am
Tue	27 th May	Cinema Group	Roseville Cinema , Dining @ 5:30pm and Movie @ 6:40pm – see P8
Wed	28 th May		
Sat	31 st May	Cultural	A Chorus Line, The Concourse Chatswood @ 1:30pm – see P10
Mon	2 nd Jun	Music Group	By Zoom @ 2:00pm –(web link join from 1:45pm) see P12
Thur	5 th Jun	Walk & Explore	The Cascades trail St Ives @ 10:00am – see P16
Fri	6 th June	Finance	The Warrawee Club @ 10:00am – see P10
Tue	10 th June	Outing	The Archibald, NSW Art Gallery @ 10:30am – see P13
Thur	12 th June	Coffee Society	Hornsby PCYC Café, Waitara @ 10:00am – see P9
Fri	13 th June	Fishing	Suspended until further notice
Mon	16 th June	Book Club	Killara Golf Club, Lower Bar @ 10:00am – see P7
Tue	17 th June	Computer Group	Wahroonga Probud Club event @ 10:00am – see P9
Tue	17 th June	Wine n Cheese	Home of Bill & Linda Killinger @ 2:30pm – see P17
Thur	19 th June	Photography	Maritime Museum Photo Exhibit @ 10:00am – see P14
Wed	25 th June	Adventure Activity	Ten Pin Bowls, The Attic Hornsby RSL @ 12.00noon – see P6
Each Wednesday		Fitness	By Zoom, in your own Room @7:00am – see P11
Advance Notice			
Tue	1 st June	Cinema Group	Roseville Cinema , Dining and Movie times TBA
Wed	2 nd June		
Wed	30 th July	Xmas in July	Lithgow Workies Club/Motel - see P15

YOU CAN GO STRAIGHT TO THE WARRAWEE PROBUS WEBSITE – JUST SCAN THIS ON YOUR PHONE:



PROBUS WARRAWEE OFFICE BEARERS 2025/26

Office Bearers listed below make a regular and significant contribution to the running of our Club.

For the better management of the Club, each is invited by the President to form an Operating Committee to meet at Killara Golf Club at 10am on the third Friday of each month.

Executive, and Operating Committee Members		
President	Bruce Hughes	0423 424 125
Vice President	Keith Walker	0419 429 322
Secretary and Public Officer	Bob Cooper	0418 449 013
Treasurer	John Marshall	0435 760 244
Vice President/Immediate Past President	John Laird	0402 476 101
Activity Coordinators, and Operating Committee Members		
Adventure Activities	Richard White / Ian Falconer	0424 603 499 0407 462 171
Audio/Visual	John Derrett	0412 258 435
Book Club	Mark Tunstall / Ian Falconer	0429 334 340 0407 462 171
Cinema Club	Doug Chee	0415 083 613
Coffee Society	Paul Cook / Roger Weir	0414 891 620 0417 211 174
Computer Club (Wahroonga Probus) liaison	John Derrett	0412 258 435
Culture	Bill Killinger	0407 551 600
Finance Group	Rory Gray	0427 660 135
Fishing	John Laird	0402 476 101
GM Trivia, Audio and Ralph's Hints and Tips	Ralph Mackie	0491 112 704
Greeting Officers / GM Set up	Paul Cook Paul Gill Robert Campbell	0414 891 620 0418 363 585 0419 239 591
Guest Speakers	Geoff Brew	0412 301 123
Luncheons	Alan McDermid / John Crouch	0409 285 859 0403 599 078
Members Database maintenance	Ken Zandona	0407 259 367
Member Support	Bill Killinger	0407 551 600
Music	Bill Killinger / Ian Falconer	0407 551 600 0407 462 171
Nick's Book Exchange	Ian Falconer	0407 462 171
Outings	Geoff Brew / Keith Walker	0412 301 123 0419 429 322
PSPL Ambassador	Robert Plant	0418 279 741
Photography	Alan McDermid	0409 285 859
Tours	Bob Cooper / John Laird	0418 449 013 0402 476 101
Walk & Explore	James Loxton	0412 559 395
Web Maintenance	Geoff Fitzhardinge	0418 973 583
Wine & Cheese	Roger Goozee	0405 505 339
WRAP Editor	Ken Zandona / Geoff Fitzhardinge	0407 259 367 0418 973 583

1. PRESIDENT'S MESSAGE

The world is still in a changing environment, conflicts in Ukraine, Middle East and now South Asia with India & Pakistan. Plus a new Pope selected and a newly elected Australian Government, most of these events happening in the last month and since our last GM.

The good news there is still plenty happening within our own Warrawee Probus Club, for example our Coffee Club meet & greet morning is growing each month involving a large number of our members and their partners. If you have not yet joined a Coffee morning I encourage you to join us for good conversation and of course excellent coffee all round. If you need any Coffee Club information just talk with our very own and engaging Paul Cook.

We would be in a better place if more of us men, both young and older, engaged more regularly in social activities, sport, fitness, outings, walks, coffee, cinema, photography, music group, finance group, wine tasting, book clubs and lunches, such as we offer in Probus.

Make a date to join your own Warrawee Probus Club general meeting this month, and also join in any if not all the great activities detailed in our latest (May) Wrap. See the latest Wrap for this month's programme and stay involved.

Remember also to talk to friends and acquaintances about our Club, invite a guest to a GM or any type of activity.

I look forward to your company and seeing you at this Friday's GM, 23rd May.

This month's Guest Speaker Gabrielle Macaulay should be a very enlightening talk as a First Responder, who specialises in critical care clinical skills.

There are still a small number of members who have not yet paid their \$95 annual subscription for 2025/26 which commenced on 1 April 2025. Please do pay without delay. It helps all your fellow members.

Bruce Hughes



2. GUEST SPEAKERS

- **Contact & Enquiries: Geoff Brew**
- **Ph: 0412 301 123**
- **Email: geoff.brew@icloud.com**

Our **May 2025 Guest Speaker** is **Gabrielle Macaulay**.




Gabi trained as a registered nurse over 35 years ago and has had extensive experience in ICU, CCU, surgical, medical and Emergency Ward environments. Gabi went on to train as a midwife and then further her studies with a Masters of Ministry, plus teaches nursing students of all levels specialising in critical care clinical skills.

Gabi's talk is titled: **"FIRST RESPONDER IN UKRAINE, TURKEY AND THE USA"**.

Gabi has served in Papua New Guinea on medical ships, teaching health care workers in a range of fields while



NEW MEMBERS

Member	Biography
Vineet Makhija (Vince) 	<p>Inducted April 2025.</p> <p>After living in India, Hong Kong, UK and USA, Vince came to Australia 30 years ago. As there were very few jobs for Finance MBAs when he arrived, Vince completed a Masters in Health Services Management before getting a job in NSW Health. Vince and his wife Arshi live in Wahroonga and together raised two children who are now practising medicine in NSW.</p> <p>Vince retired in March 2025. Vince's interests include bridge, finance, and socialising and is sure to participate in club activities, having already attended the Finance Group and Computer Group meetings before joining.</p>
Vic Spagnardi	Inducted January 2025. Vic's story will be included once his photo and brief biography is to hand.

Existing members should take the opportunity to introduce yourselves at the meeting and on our activities. Activity Coordinators should extend personal invitations to have them join your groups.

MEMBER BIRTHDAYS – MAY

Doug STEWART

Bob COOPER

Leon CLARK

Brendan OWEN

Dudley LUTTRELL

Peter EATOUGH

Stan WESLEY

Keith WALKER

Trust you all have/had a good one!



SENIOR CITIZEN TEXTING CODE

LOL - Little Old Lady

BFF - Best Friend Fell

ATD - At The Doctor's

BTW - Bring The Wheelchair

CBM - Covered By Medicaid

FWIW - Forgot Where I Was

OMSG - Oh My! Sorry! Gas...

BYOT - Bring Your Own Teeth

PONDER THESE

I used to eat a lot of natural foods until I learned that most people die of natural causes.

How important does a person have to be before they are considered assassinated instead of just murdered?

Why do you have to "put your two cents in"... but it's only a "penny for your thoughts"? Where's that extra penny going? (taxes?)

Once you're in heaven, do you get stuck wearing the clothes you were buried in for eternity?

What disease did cured ham actually have?

How is it that we put man on the moon before we figured out it would be a good idea to put wheels on luggage?

Why is it that people say they "slept like a baby" when babies wake up like every two hours?

If a deaf person has to go to court, is it still called a hearing?

4. ADVENTURE GROUP

- **Contact & Enquiries:**
 - **Ian Falconer** M: 0407 462 171
 - **Richard White** M: 0424 603 499
- **Email:** ian.falconer@sydney.edu.au
whitard@ozemail.com.au



Ten Pin Bowling

At The Attic Hornsby RSL

Wednesday 25th June

12 noon

Please advise Ian or Richard if you plan to attend by 30th May. Cost is \$16 (2 games), to be paid to the Club Treasurer by 13 June. Electronic payment is preferred: mark your transfer with your surname and "Bowling" and email Ian and Treasurer John Marshall (jdknm@bigpond.com) when you have made your payment.

This activity was extremely popular last time, both with members and partners. As Ken Zandona is unavailable, come along to cheer your choice for a new club champion! See how contenders Bill Killinger and Mark Tunstall fight for supremacy!

It will be great fun. Provide a cheer squad even if you are unable to play. Lunch and a drink will finish the day.

For newcomers, visit <https://roselandlanes.com/10-bowling-tips-for-beginners/> for hints that will make you a proficient bowler.

Ian and Richard

Why do peanuts float in a regular coke and sink in a diet coke. Go ahead and try it...

Why are you IN a movie, but you're ON TV?

Why do people pay to go up tall buildings and then put money in binoculars to look at things on the ground?

Why do doctors leave the room while you change? They're going to see you naked anyway.

Why is "bra" singular and "panties" plural?

Why do toasters always have a setting that burns the toast to a horrible crisp, which no decent human being would eat?

If the professor on Gilligan's Island can make a radio out of a coconut, why can't he fix a hole in a boat?

If corn oil is made from corn, and vegetable oil is made from vegetables, what is baby oil made from?

If electricity comes from electrons, does morality come from morons?

HOW DID THE MAN WHO MADE THE FIRST CLOCK, KNOW WHAT TIME IT WAS?

5. BOOK CLUB

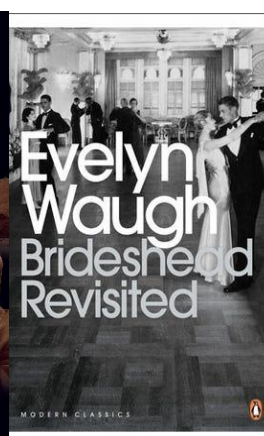
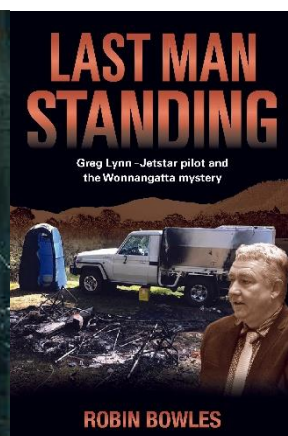
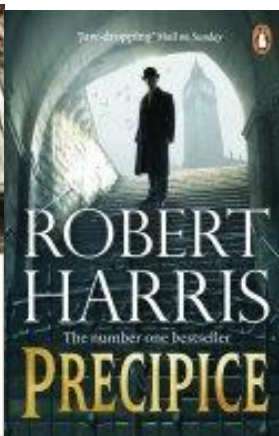
- Enquiries: Mark Tunstall 0429 334 340
- Email: home@tunstall.com.au

The next Book Club meeting is

Monday 16 June @ 10.00 am

Killara Golf Club – Lower Bar

Here are the currently nominated books



Dissonance – Stephen Orr - Fiction -- Thanks to Bill Killinger

A re-imagining of the 'Frankfurt years' of Rose and Percy Grainger. This is a novel about love in one of its most extreme and destructive forms, and how people attempt to survive the threat of possession.

Precipice- Robert Harris – Fiction– Thanks to Mark Tunstall

As Asquith reluctantly leads the country into war with Germany, a young intelligence officer is assigned to investigate a leak of top secret documents – and suddenly what was a sexual intrigue becomes a matter of national security that will alter the course of political history.

Last Man Standing- Robin Bowles – Non-fiction - Thanks to John Marshall

An engrossing account of how Jetstar pilot Greg Lynn was found guilty of the murder of Carol Clay, complete with captivating interviews with high-profile witnesses and locals. With details that the jury wasn't told, Last Man Standing is a thrilling exposé of murder and mystery in the Wonnangatta Valley.

Brideshead Revisited – Evelyn Waugh – Classic – Thanks to Greg Starr

Looks back to the golden age before the Second World War. It tells the story of Charles Ryder's infatuation with the Marchmains and the rapidly disappearing world of privilege they inhabit. Enchanted first by Sebastian at Oxford, then by his doomed Catholic family, in particular his remote sister, Julia, Charles comes finally to recognise only his spiritual and social distance from them.

Downsizing – Lane & Whittaker – Non Fiction– Thanks to Geoff Brew

A guide through the legal and financial maze, explaining how a move can affect your lifestyle, superannuation, pension and benefits. Whether you're moving to a townhouse or apartment in a strata development, considering a granny flat, tiny house or mod pod with family, looking at co-housing with lifelong friends, or making the move to a retirement community, listen to the experts, and make it a successful move.

We meet, talk, drink beer/wine/coffee - have fun! Then a quick lunch.

Ian Falconer runs Nick's Book Exchange at the General Meeting May Special: Cedric Bamkin has donated his personal library, which includes the Complete Works of Charles Dickens, to the Book Exchange. We encourage you to borrow and take home. (We are short of space.)

Mark T



6. CINEMA & DINING

- Held on the first Tues and Wed following the GM
- Contact and Enquiries: Doug Chee
- Phone: 0415 083 613
- Email: dypc@hotmail.com



Our next **Cinema & Dining** nights are **Tuesday 27th and Wednesday 28th May 2025.**

We will be watching **"The Salt Path"** at the Roseville Cinema. The movie starts at **6.40pm** in Cinema 1. Dinner at the nearby Thai Skybar restaurant from **5.30pm**.



Directed by Marianne Elliott

Starring: James Lance, Hermione Norris, Jason Isaacs, Gillian Anderson

An honest and life-affirming true story of the healing power of the natural world. THE SALT PATH is the profound true story of husband and wife, Raynor and Moth Winn's 630-mile trek along the beautiful but rugged Cornish, Devon and Dorset coastline. After being forcibly removed from their home, they make the desperate decision to walk in the hope that, in nature, they will find solace and a sense of acceptance. With depleted resources, only a tent and some essentials between them, every step along the path is a testament to their growing strength and determination. THE SALT PATH is a journey that is exhilarating, challenging, and liberating in equal measure. A portrayal of home, how it can be lost and rediscovered in the most unexpected ways.

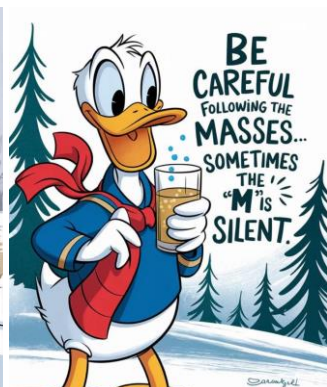
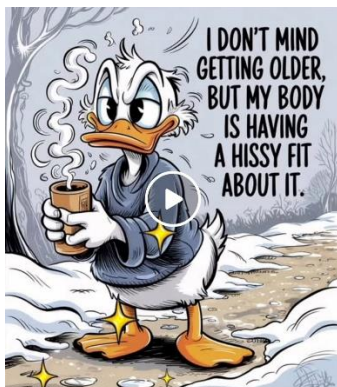
Registration- email me your choice of either Tues or Wednesday, plus your dinner order(s) no later than **Saturday 24th May**. A copy of the Skybar Menu was sent to all members by email on

16th May.

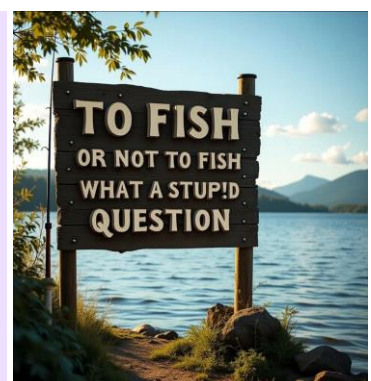
Remember - purchase your movie tickets at the Cinema.

Importantly, if you, your partner or guest wish to cancel or change your dinner orders, please contact me immediately to inform the Restaurant.

Doug



THEY SAY 40 IS
THE NEW 30 AND
50 IS THE NEW 40,
BUT ALL I KNOW IS
THE OLDER I GET,
THE MORE 9PM IS
THE NEW MIDNIGHT.



7. COFFEE SOCIETY

- Gatherings are held on the second Thursday of the month.
- Contact & Enquiries to: Paul Cook
- M. 0414 891 620
- Email: pmjcook@bigpond.com

Next gathering for coffee is **Thursday 12th June @ 10am** at the **HORNSBY PCYC CAFÉ, 1 Park Lane, Waitara.** (Cnr Waitara Ave, Opposite Magpies Club and next door to KOKODA and adjacent to Waitara Oval and 50m from Waitara Station)

Free Parking under PCYC, drive in off Park Ave. Then up the stairs/lift to the Café.

A table is reserved for us in the Café or outside depending on the weather.

If you are a first timer, come and check out the venue. **All Members and spouses /partners /friends are welcome, especially new members** – it's a great way to meet your fellow members and introduce your partners in a relaxed environment.

RELAX and CHAT TOGETHER – Get to know other Members

This is such a convenient location to meet, directly opposite Waitara Train Station or easy parking on the premises if you are driving. So give it a try!!

Please let me know if you are coming so that I can arrange appropriate seating.

Paul



8. COMPUTER GROUP

- Wahroonga Probus group welcomes members of Warrawee Probus to their Computer Group meetings.
- This group normally meets on the 3rd Tuesday of each month.



The next meeting of the Wahroonga Probus Computer Group will be **Tuesday 17th June 2025.**

Any Warrawee Probus members interested in attending need to **RSVP** to **Paul Wood** of the **Wahroonga Probus Club** at purdey123@outlook.com to confirm both location of the meeting and numbers attending.

Further queries are best addressed to **John Derrett** (john@derrett.net.au) from our Warrawee Probus club.

If you are intending to attend the Wahroonga Computer Group, please let John Derrett know as occasionally the date of the meeting gets moved at short notice.

9. CULTURAL CLUB

- : bkillinger@optusnet.com.au



PROBUS CULTURAL



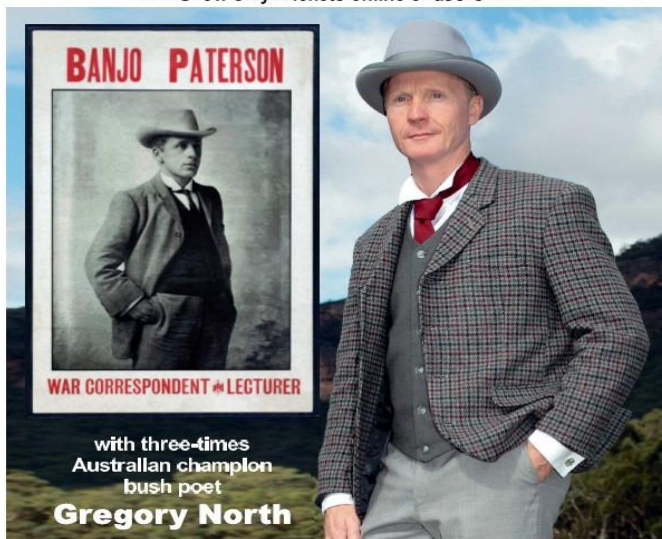
Life & Rhymes of **Banjo Paterson**

Hear your favourite poems and all about his amazing life
on the 125th anniversary of Banjo's visit

12 midday Wednesday 17 September

The Warrawee Club

1479 Pacific Highway, Warrawee.
One show only. Tickets online or at the door.



**Here at The Warrawee
Club**

Wed 17th September \$70

per person (bring partner)
Includes a 2-course meal &
presentation by Greg North

Arrive 12 noon for 12.30pm seating

Tell Bill K

bkillinger@optusnet.com.au

0407551600

Pay to Warrawee Probus Account
BSB 032189 Account 751903

Bill

10. FINANCE GROUP

- Meet the first Friday of every second month
- Enquiries: **Rory Gray 0427 660 135**
- Email: rorygray53@gmail.com



Interested in matters financial? Then consider coming to the next
Finance Group meeting:

Friday 6th June 2025 @ 10:00 am

Venue: The Warrawee Club, Pacific Highway, Warrawee

**Cost: Please bring along \$12 to help defray the room hire and morning
tea/coffee charge.**

An interesting and stimulating range of topics impacting finances were collectively discussed at our last meeting including Trumpism, Aust. Shares, Aust. Elections, Real Estate and the Share Game.

The Aim of the Group: To discuss a range of topical and informative finance related subjects in a friendly relaxed informal atmosphere. Whether you are experienced in personal finance or simply want to know more about aspects of the world of money matters you are most welcome to attend.

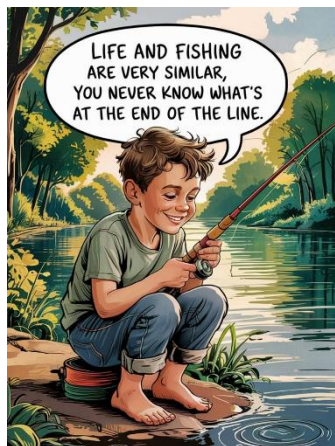
Rory

11. FISHING

- **Meet second Friday of each month**
- **Contact & Enquiries:** John Laird Ph 0402 476 101
- **Email:** jlaird@conicklaird.com.au



Fishing is deferred until further notice while John is undergoing treatment.



If any other member would like to take on this social activity in the interim please talk to President Bruce Hughes or any member of the Committee.

12. FITNESS BY ZOOM

- **Contact & Enquiries:** John Laird Ph 0402 476 101
Paul Gill Ph 0418 363 585
- **Email:** jlaird@conicklaird.com.au
pagill@telstra.com



ZOOM Fitness

(in conjunction with **Mike Adams** from **Pymble Gym**)

Tel. 0422 716 113 michael@lobef.com.au)

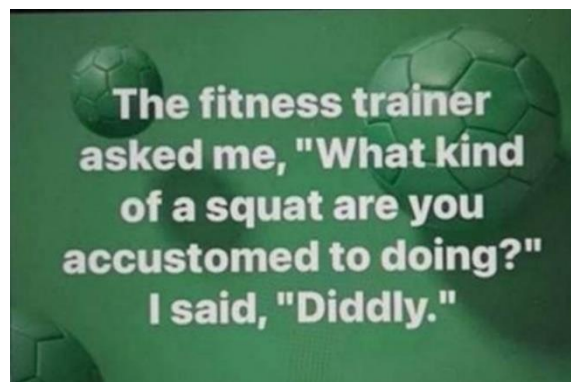
Contact participating members John Laird or Paul Gill if you would like to discuss.

Features:-

- Presented live, in your home, by ZOOM – via your mobile, tablet or laptop. Mike will assist you with access.
- Each session will be for one hour commencing **7:00am each Wednesday**.
- Limited requirements eg. hand weights can be arranged
- Cost **\$12 per session**. Arrange billing directly with Mike.
- Sessions are social, yet purposeful for our ages, our needs and condition.

Seven members are currently participating!!!

John and Paul



13. LUNCHEONS

- Generally held on the fourth Thursday of selected months
- Contact & Enquiries: Alan McDermid
- Mobile: 0409 285 859
- Email: candamcdermid@outlook.com
- John Crouch 0403 599 078
- email : ja.crouch@optusnet.com.au



The next Luncheon is on **Thursday 28th August 2025.**

Please put this date in your diary and watch out for full details in due course from John Crouch*

*** John Crouch** will be taking over as your Lunch Organiser from this lunch onwards.

Thank you all for your wonderful support over the last eight years.

Alan

14. MUSIC GROUP

- Meets by Zoom first Monday of each month
- Contact and enquiries: Bill Killinger
- Mobile: 0407 551 600
- Email: billkillinger@optusnet.com.au



In conjunction with Ian Falconer and Geoff Fitzhardinge



The next meeting will be on **Monday 2nd June 2025 @ 2:00pm**, conducted by **Zoom**.

Yes, just stay in the comfort of your home, look and listen!

Next presenters will be **Ian Falconer, Ralph Mackie and Bill Killinger**

A classical music collection with the personal choices of these presenters.

Presentations last 40 mins each

Geoff Fitzhardinge arranges and hosts this scheduled Zoom meeting.

Time: 2 June 2025 @ 2.00pm

To join Zoom Meeting use this link

<https://us02web.zoom.us/j/86407233317?pwd=4iim5hnkgaS7XzaH52PnKKaxEPFGTM.1>

Meeting ID: **864 0723 3317**

Passcode: **897336**

No need to give notice – just Zoom in on the day

15. OUTINGS

- **Contact and Enquiries:** Geoff Brew / Keith Walker
- **Phone:** 0412 301 123 / 0419 429 322
- **Email:** geoff.brew@icloud.com
walker.keith.ian@gmail.com



ARCHIBALD PRIZE Exhibits NSW Art Gallery Tuesday 10 June

The Outing: Is a one hour private guided tour of the exhibits, starting at **11.00 am** sharp.

These three are Australia's most important Art Prizes:

- Archibald - portraiture,
- Wynne - Landscape
- Sulman - genre painting or mural.

There were over 1000 entries in the Archibald competition this year.



Meeting Point: Meet at the Information desk in the (OLD) Gallery at 10.30.

Getting there: 3rd train carriage at Killara station at 9.26 am. Alight at Town Hall Station at 9.57 am. At 10.15 am take bus 441 at Stand H in Park St between George and Pitt Sts.

Cost: The tour is \$27.00 pp payable by Tuesday 3rd June 2024 to the Club account.

Mark your transfer with your surname and "Art Gallery" and email me and Treasurer John Marshall (jdknm@bigpond.com) when you have made your payment.

Lunch: At around 12.15 pm, to your account, at the Gallery Café.

Required: Minimum of 10 people; aiming for 15 – 20 (Contact Gwen 80661572)

Cancellation Policy: The Gallery will not refund cancellations within a week of the event.

Do you need a lift to a train station? Contact me, Geoff Brew

Advance notice: Our next outing will be on **Tuesday 8th July** for a tour of the **State Theatre**.

Geoff Brew

16. PHOTOGRAPHY

- Meets third Thursday of each month
- Contact and Enquiries: Alan McDermid
- Mobile: 0409 285 859
- Email: candamcdermid@outlook.com



WARRAWEE PROBUS
PHOTOGRAPHY GROUP



"A Picture is worth a thousand words"

Attributed to Fred R. Barnard, an English illustrator, who in 1921 wrote this phrase in the advertising trade journal Printers' Ink.

The Old Fish Market

On 15 May a Group of nine happy snappers met at my home to evaluate each others' Fish Market photos taken the previous month. We all agreed that some truly excellent photos had been taken.

Just one of those is reproduced below to show the quality that we all aspire to.



Next Photo Outing Thursday 19 June

10:00 am We will meet at the Maritime Museum in Darling Harbour and start with a coffee in the Museum café.

Then we will experience the breathtaking beauty and raw power of nature in the temporary exhibition of the best 120 photographs from the Natural History Museum in London's **"Wildlife Photographer of the Year"**. Exhibition cost \$24 which includes entry to all of the Museum.

Lunch will be at the Pyrmont Hotel, just a few minutes from the Museum, after which we will disperse to seek out and capture our own individual depictions of the surrounding maritime subjects, city skyline, streetscapes etc.

Photo Review Meeting Thursday 17 July

The masterpieces captured in and around the Maritime Museum will be reviewed on Thursday 17 July at 10:00 am at my home in Lindfield.

Happy snapping

Alan

17. TOURS

- Contact & enquiries: John Laird 0402 476 101
- Email: jlaird@conicklaird.com.au



2025 BUS TOUR - round trip through Kosciuszko National Park (o/n TUMUT) to Coastal Victoria (MALLACOOTA) to Coastal NSW (MOLLYMOOK). TOUR CLOSES WHEN FILLED.

Tuesday 18th November 2025 to Tuesday 25th November 2025.



- Minimum 2 nights for each overnight stay (3 nights Mallacoota).
- Blowering Dam and Tumut 3 Power Station.
- Cooma Gaol Museum and tour.
- Cruise Mallacoota Lake, Croajingolong National Park and River.
- Optional day excursion to Gabo Island - requires good mobility. (at additional cost and limited availability on "first in" basis).
- Marlo (Snowy River entrance), Eden, Narooma, Batemans Bay.
- Jervis Bay Dolphin Watch Cruise.
- Cupitt's Estate wine tasting.
- Hars Aviation Museum at Albion Park/Shellharbour Airport.
- OR just do your own thing anywhere, anytime.



Cost: \$3,050 per person twin share. Single supplement \$700.

Price includes accom. (three and four star), all meals and admissions, and luxury coach travel by On Course.

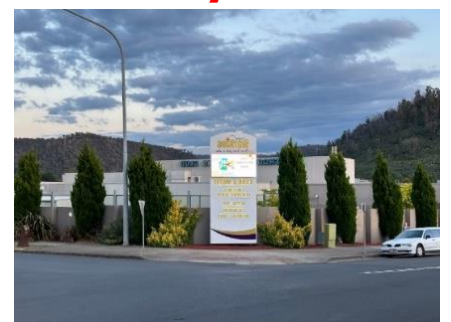
Initial deposit \$250 pp to Probus Warrawee bank account **BSB 032189** Account No. **751903** is required with registration. Reference "**Mallacoota and name**" on deposit.

When paying please notify Treasurer John Marshall on jdknm@bigpond.com and John Laird on jlaird@conicklaird.com.au.

CHRISTMAS IN JULY experience Wednesday 30th July 2025 at LITHGOW WORKIES CLUB and MOTEL, 3/7 Tank St, Lithgow.

This event has now closed with 28 members and partners participating.

BUT..... If you would still like to attend, let me know and I will investigate availability.



John

18. WALKS & EXPLORE

- **Walks are held on the first Thursday of each month**
- **Contact & Enquiries : James Loxton M: 0412 559 395**
- **Email : jamesaloxton@gmail.com**



After spending the last meetings walking the streets and the occasional park, we are going bush. We meet again on **Thursday 5th June 2025**. The walk will take us down to the **Cascades at St Ives**. The Cascades

marks the upper reaches of Middle Harbour. Although the walk could take us in the direction, I plan a loop walk following the route of the Bare Creek Run.

The plan is to meet at **Acron Oval car park** at the eastern end of Douglas Street St Ives at **10.00 am**. We then walk down the hill to the Cascades before returning via Bare Creek.



The track is a maintenance trail so there is no bush bashing. Sorry! NSW NPWS classifies the walk being of medium difficulty. The walk does involve some steepish descending and ascending but there will be no rush. We are not racing the clock. The walk is just short of 5 kilometres. I expect we will be back at the car park by 12 noon when we can decide where to go for lunch.

I have my fingers crossed that the weather gods are friendlier than they were earlier this month.

Please let me know if you are planning to attend.

Advance Notice: The **July walk** will be back to the streets and parks. I am planning a walk from Balmain East ferry to Birkenhead Head.

James

19. WEBSITE

Contact & Enquiries :

- Geoff Fitzhardinge Ph 0418 973 583 gglfitz@gmail.com
- Bob Cooper Ph 0418 449 013 rcooper@cooper.com.au



The Probus Warrawee website is via www.probuswarrawee.org.au

SCAN THIS ON YOUR SMART PHONE:



and it will take you to the website!

The "Members Only" page is however restricted to **Members who are registered**. When you tap on the "Members Only" page link you use **your email address** and your own **nominated password**.

To register (to access the "Members Only" page) all you need do is click on the "Members Only" page link and follow the instructions to "Sign Up". This sends an email to the webmasters to set up your membership log-in. You won't get an instant response but once actioned by one of the webmasters you will be a 'registered' member so you can use your email address and nominated password as above.

The probuswarrawee.org.au web page also contains members' own stories under the heading **Meet your fellow members**. A great opportunity to get to know your fellow members. Remember, fellowship and friendship is what we are about.

Members should also look at the website for event updates. The "COMING EVENTS" page provides a snapshot of all activities. And it provides a link to the latest WRAP.

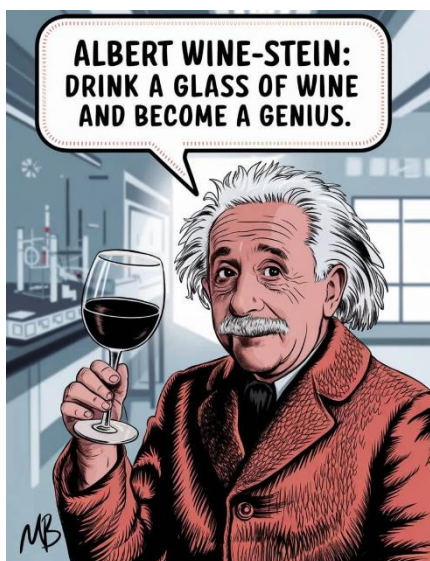
Geoff F and Bob

20. WINE & CHEESE CLUB

- Dates as advised
- Contact & Enquiries: Roger Goozee
- Mobile: 0405 505 339
- Email: goozeer@bigpond.com



The next Wine & Cheese gathering is



Tuesday 17th June 2025 @ 2.30pm

at Bill and Linda Killinger's place, **Unit 1902 at 168 Kent Street, Millers Point**, Just report to the concierge.

Two ways to get there:

- From Wynyard (take York Street Exit) and walk north on York across three streets then look up – go to the dark green building!
- From Barangaroo Metro, walk flat 300m south along Hickson Road, on the left look for a lift set back from the road. It takes you up to Gas Lane right opposite Bill's joint..

We will be tasting **three white wines** from the Barossa and **three red blends** from anywhere in Australia. A selection of cheeses and crackers will accompany the vino!!

Remember to please let me know if you intend to attend.

Roger

RALPH'S HINTS AND TIPS

Service NSW The Commonwealth Seniors Health Cardholder's electricity rebate is available once a year from August each year. (See reminders in 24.4.25 Wrap.)

Scams can cost you big money, so be aware & careful! One current scam is a fake invoice (that looks genuine) for a large sum. It says if it is not you, phone us. [A phone call would say a refund is coming, then an email comes saying 'refund failed' please ring again & we will fix it remotely by getting access to your computer]. **DON'T** phone, just mark as spam & delete the email!

1. **Check the email sender.** Stay alert to protect your email account. Official payment requests are sent from "noreply@youremailcompany.co."
2. **Stop before you click. Never** pay via unexpected links, click on suspicious attachments, or download software you are unsure about.
3. **Never enter your email password elsewhere.** If you think you have entered your email password and payment details on an illegitimate site, immediately reset your password and contact your bank.
4. **Manage your payments via official method for the company.**
Know your renewal dates. You may like to mark it on your calendar. If you have a valid payment method on file, your email account subscription should renew automatically on this date.
5. **Never share your payment details by phone,** unless you have rung that person & they are who they should be.
Check the email sender. Stop before you click. Never pay via unexpected links, click on suspicious attachments, or download software you are unsure about.

Spot the Red Flags Unexpected calls, emails, texts or pop-up messages on your device from someone claiming to be from a bank, telecommunications company, cyber security business or the government, asking you to download special software or an app to 'fix an issue' are scams. Hang up or delete!

National Seniors Australia <https://go.nationalseniors.com.au/> - have an informative website for seniors and you can join to get various discounts.

Compare Get quotes from several companies, if you are not happy with your latest renewal invoice - insurance (home, car, boat, health etc) / electricity / phone / internet etc.

Health fund insurance is cheaper if you pay an excess, but if not necessarily, if you need to claim a lot due to your health.

GIO car Insurance – notes re scammers targeting car accident claimants (could be similar for all companies)

Read about it here - <https://www.gio.com.au/know-more/on-the-road/car-hire-scams-after-an-accident.html>

Please let me know of your hints for members

Ralph Mackie